

Szabo on Skin

DR. SACI SZABO, MD, FAAD · DERMATOLOGIST, PHYSICIAN-SCIENTIST & MEDIA EXPERT

MEDIA KIT

A trusted expert voice on skin, aging & women's wellness.

Dr. Saci Szabo is a board-certified dermatologist, physician-scientist and business founder who translates clinical science into clear, practical guidance audiences trust. She is a regular media contributor and a sought-after speaker, quick and reliable on deadline.

About

Dr. Sarolta “Saci” Szabo (MD, FAAD) is a board-certified dermatologist and dermatologic surgeon, physician-scientist, and the founder, CEO, and medical director of Alta Vista Dermatology near Denver, Colorado. A Castle Connolly and 5280 Top Doctor, former President of the Colorado Dermatologic Society, and former Clinical Assistant Professor at the University of Colorado, she trained at Case Western Reserve University, has contributed to 15+ clinical trials and peer-reviewed publications, and built one of the region's leading private practices. As a full-spectrum dermatologist, she treats and speaks across the entire field, with particular emphasis on women's midlife skin, sun protection, hair loss, aesthetic medicine, and the science behind skincare ingredients such as peptides.

Signature & emphasis topics

Dr. Szabo is a full-spectrum dermatologist and can speak to any dermatology subject. Areas of particular emphasis include:

- **Women's skin in perimenopause & menopause.** Hormonal skin change, collagen loss, dryness, adult acne, rosacea, pigmentation and midlife hair thinning.
- **Hair loss & anti-aging haircare.** Causes of thinning and shedding, midlife hormonal shifts, and the evaluation and options that genuinely help.
- **Peptides: topical vs. injectable.** How topical peptides differ from injectables, which topicals suit which skin types, and what the evidence supports.
- **Sun protection & sunscreen.** Choosing and using sunscreen correctly, UVA vs. UVB, and skin cancer prevention and early detection.
- **Aesthetic & cosmetic dermatology.** Fillers and the GLP-1 volume-loss connection, energy-based skin tightening, and neck, chest and arm rejuvenation.
- **General & medical dermatology.** The full field: everyday skin concerns, acne, rosacea, eczema, skin cancer screening and overall skin health.

A timely example: peptides

On a fast-moving topic like peptides, Dr. Szabo can explain the difference between topical peptides and injectables, which topical peptides suit which skin types, and how to separate the genuine evidence from marketing, in language a general audience understands.

Fast facts

Full name	Sarolta Katalin Szabo, MD
Goes by	Dr. Saci Szabo
Pronunciation	“SAH-tsee SAH-bo”
Credentials	MD, FAAD
Honors	Castle Connolly · 5280 Top Doctor
Based	Denver, Colorado (available nationwide)
Practice	Founder & Medical Director, Alta Vista Dermatology
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